

TRAFFIC PLAYGROUND

ACTIVITY BOOK

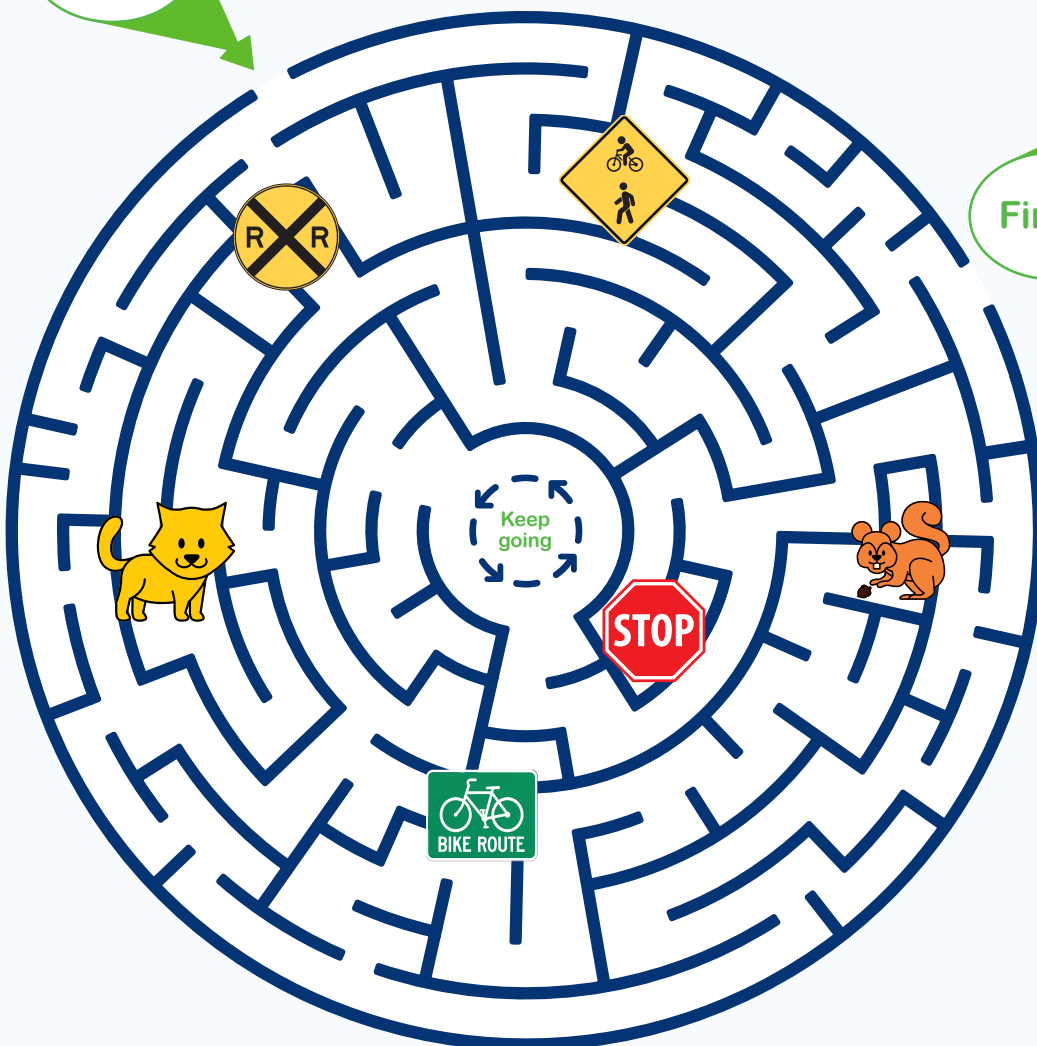


PLAY ALONG TO
PRACTICE ROADWAY
SAFETY!

Get to the Traffic Playground!

Can you get to the Traffic Playground without
bumping into an obstacle?

Start
here!



Finish

You made it!



A Traffic Playground
is a mini-street play
space designed
for kids to learn
and practice safe
walking, biking, and
scooting skills. No
real cars allowed!



City of Hillsboro
Safe Routes to School





How did the Pedestrian cross the road?



Practice this rhyme at the Traffic Playground and when walking around your neighborhood to remember how to cross the street safely.



Stop every time at the edge of the street.

Use your head before your feet.



Make sure you hear every sound.

Look left, look right, look all around.



No sidewalk? Walk facing oncoming traffic!

Help Devin the Driver Get Home Safely

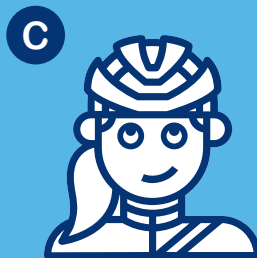
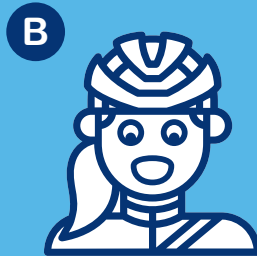
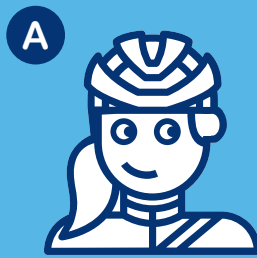
Write what drivers do when they see these traffic signs next to the . Then count how many of these signs or markings are at your local Traffic Playground and write the number in the .

- 1 = : _____
- 2 = : _____
- 3 = : _____
- 4 = : _____
- 5 = : _____

Check your Helmet



Protect your smart brain! Do the “Eyes, Ears, Mouth” check before you ride. Match the steps with the correct image by drawing a line between the matches.



Eyes

Look up.

Can you see the brim of your helmet?

Ears

Buckle your helmet.

Do the straps form a “V” beneath your earlobes?

Mouth

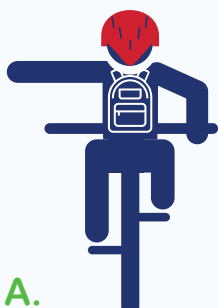
Say Ahhh!

Is your chin strap snug when your mouth is open?

Use Hand Signals

Hand signals tell other people around you where you are going to move next. This helps keep everyone safe!

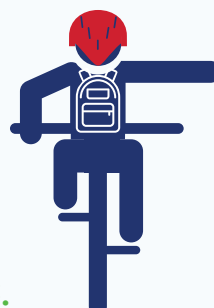
Imagine you are biking behind this student. Label the left, right, and stop hand signals with the action this student is about to do.



A.



B.



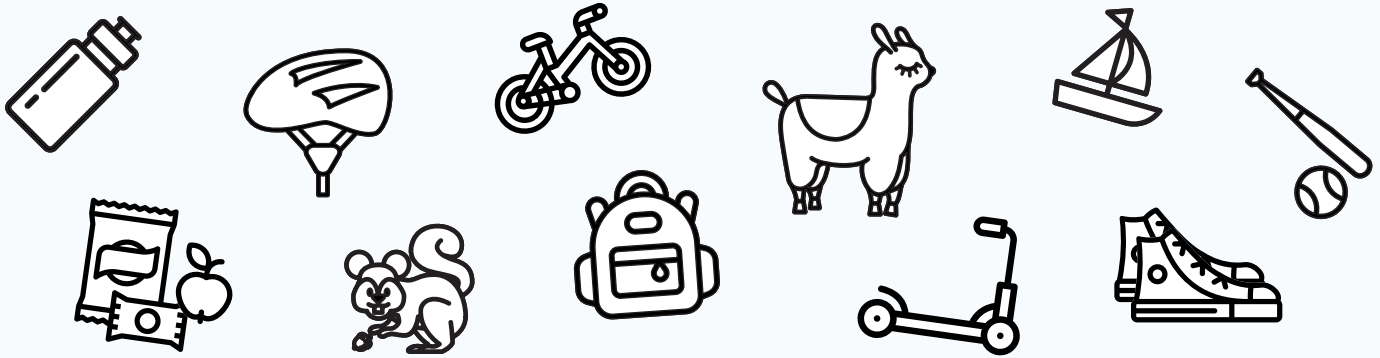
C.



D.

What to Bring

Circle or color in the items you would bring or wear to the Traffic Playground.



What you Learned

Check off each safety skill that you learned in this activity book and what you will practice at the Traffic Playground!



- How to cross the street safely
- Where to walk if there's no sidewalk



- How to properly fit my helmet using the "Eyes, Ears, Mouth" check
- How to communicate slowing, stopping, and turning using hand signals



- What people bicycling and driving cars need to do when they see traffic signs and markings

Now that you've learned these skills, come play and practice at the Traffic Playground with friends and family!



Made possible with support from Metro and the Federal Transit Administration.

Answers
 Page 2 – Signs: 1. Come to a full stop, 2. Look out for people crossing the street, 3. Slow down and look out for trains. Cross the tracks carefully, 4. Look out for and keep enough space for people biking and walking, 5. You are on a bike route; look out for people biking.
 Page 3 – Helmet: A: Ears, B: Mouth, C: Eyes. Hand signals: A: Turning left, B: Turning right, C: Turning right, D: Slowing or Stopping.
 Page 4 – Bring: water bottle, backpack, tennis shoes/close-toed shoes, snack, and a bike/scooter plus a helmet.